



A MEMBER'S STORY

Heather Quay

What/who influenced you to become an artist? Do you currently have a mentor?

My biggest influence is my mother, Joyce Lister, an established pastel painter and all-around creative person. I'm inspired not just by her talent and her immense knowledge of the medium, but also by her constant willingness to experiment with techniques and approaches. Her mantra is: "it's just a piece of paper" — in other words, you have nothing to lose by trying something new. If you don't like the result, you can brush it out and start again, but if you don't experiment, you're missing out on an opportunity to learn and grow as an artist. I am also extremely grateful to Karen Israel, who has been amazingly supportive to me and is always ready to give great advice and feedback.



Heather Quay

I generally work from photographs, and usually start with a sketch and then an underpainting, either watercolor or gouache, or occasionally Caran D'Ache water-soluble crayons. Sometimes the underpainting is monochromatic and more of a value sketch, but often I use complementary colors in the underpainting so that I have something to play with when I start adding pastel. I like to experiment with surfaces as well, and have tried all kinds of papers and boards, including those I've made myself with gesso and acrylic paint.

How long have you been a working artist?

Until recently, my mother was the workshop coordinator for the Maryland Pastel Society, and for many years she and I attended workshops together every six months or so. But it was only starting in 2020 that I set up a dedicated workspace and began painting regularly and entering exhibitions. I also set up a website last summer (www.heatherquay.com).

What/who inspires your art?

I like to paint a wide variety of subjects — anything is fair game. The two unifying themes for me are capturing the light and capturing a little slice of time. My goal is to have my paintings evoke a particular moment.



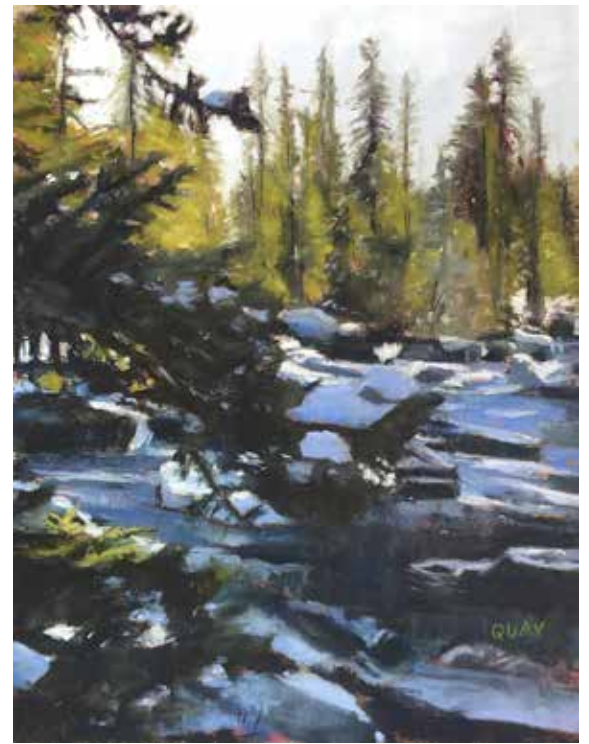
Awe, Pastel

Do you have a favorite artist and/or art book that you recommend to others?

I'm particularly drawn to the Impressionists (Degas, Cassatt and Morisot) and some of the Fauvists as well, especially Derain. I also love the work of John Singer Sargent. There are far too many contemporary pastel artists that I admire to name here, but I always come back to my first pastel book, *Capturing Light & Color with Pastel* by Doug Dawson. Doug is a wonderful teacher and his book is inspiring. *Painting Brilliant Skies & Water in Pastel* by Liz Haywood-Sullivan is another terrific book.

Do you have any advice for other artists, in particular those who are starting on their journey?

I think my best advice is just to keep working regularly, and to squeeze in a little painting time whenever you can, even when your schedule is busy. Every painting is new, of course, but the more you paint, the more you learn to work with the medium and to better understand what you can do with it and how to resolve issues as they arise. The first pastel workshop I ever took was with Doug Dawson and I frequently think of his advice: "You have to do 1,000 paintings before you really know what you're doing... but if you do 1,000 small ones, you'll get there faster!" I've also learned not to get too invested in a painting that goes off track. I find I learn something even from the paintings that don't work, and sometimes I can come back to them later with fresh eyes and turn them into something I like. My last piece of advice is for people who work from photographs, and that is to turn your painting upside down every now and then. You will see any drawing issues much more clearly and be able to fix them that way.



Canadian Rockies, Pastel



Boardwalk, Pastel



Rhino, Pastel



Almost Home II, Pastel



Hydrangeas Pastel

LAURINDA PHAKOS O'CONNOR WORKSHOP

Variations in Landscape: 3-Day Pastel Workshop

Reported by Leslie Stewart

On May 19th, award winning pastel artist, Laurinda Phakos O'Connor, provided a 3-day workshop sponsored by the Connecticut Pastel Society. Much was learned from her thoughtful instruction and encouragement. Participants were not only inspired by Laurinda's passion but were also inspired by each other.

Each day began with a demonstration of a unique underpainting technique. From the demo students

created small color studies before moving on to larger paintings. The variety of art that was generated was striking.

As a participant, I felt Laurinda's focus on the process made it a supportive opportunity to try new ways of painting and to let go of preconceived ideas and procedures. Laurinda encouraged us to see images in a different light other than what presented itself to us through our photographs. It was an exciting three days!

*This is going to be a fun and supportive three-day workshop!
We will deconstruct, interpret, and let go of our references
through gesture, value, abstracting our structure, color studies,
various underpainting techniques, and mark-making.*



*Creative explorations
from the workshop
participants!*

UPCOMING WORKSHOP

Marcia Holmes

Keys to Contemporary Floral Still Life

3-day Pastel Workshop

11/10 – 11/12/23

Limited to 16 participants

Location: Gallery 53, 53 Colony Street, Meriden, CT,
(203) 235-5347

www.gallery53.org

The next workshop offered by The Connecticut Pastel Society is “Keys to Contemporary Floral Still Life” with Marcia Holmes PSA-Master Pastelist, Master Circle-IAPS/EP. Marcia won “Best of Show” in the 2021 *Renaissance in Pastel*.

Discover how engaging intuitive color and design techniques can renew your pastel still-life paintings. Marcia will introduce you to multiple approaches unique to her process in achieving freshness and looseness by demonstrating her multimedia underpainting methods.

Experience the excitement to be found in transforming simple floral arrangements from both live and representational sources by following life in lighting, adding expressive mark making, creating energetic compositional direction and luminosity with optical color mixing.

Give yourself permission to play, break the rules, take some risks. See abstract design by using value apps; find strengths in using walnut and India inks, explore texture with gouache and thinned oil, and finish strong with pastel!



Marcia enjoys quality one-on-one time helping individual students. Visit Marcia’s web site at marciaholmes.com.

Registration for our 2023 Workshop offerings is ONLINE ONLY. Tuition is \$375.00 for CPS Members and \$400.00 for Non-Members. The tuition is paid in full at time of registration.

Supply lists, lodgings and additional information will be sent to registrants as we get closer to the workshop date.

Workshop Co-Chairs:

Mary Ann D’Ambruoso

495-559-3283 mcdcapri@yahoo.com

Katy Despot

203-530-9068 kdespot2@gmail.com



MEMBER ARTISTS EVENTS



Christine Ivers

Explore the Dark Side!

A Nocturnal Pastel Painting Workshop

July 6 – 7, 2023

South Yarmouth, Massachusetts

Sponsored by Pastel Painters Society of Cape Cod

Contact: Betsy Payne Cook

betsy@betsypaynecook.com or 508-737-7480

Midnight Frosting, 18 x 24, Pastel on Textured Board

Experimenting with Textures, Surfaces, and Underpainting

Try something new to bring your painting to another level!

July 9 – 10, 2023

South Yarmouth, Massachusetts

Sponsored by Pastel Painters Society of Cape Cod

Contact: Betsy Payne Cook

betsy@betsypaynecook.com or 508-737-7480



The Morning Stretch, 24 x 18, Pastel on Textured Board



Plein Air Painting for the Studio Artist

Let's get out of the four walls and have fun in the great outdoors!

August 18 – 20, 2023

Meriden, Connecticut

Contact: Chris Ivers

christine_ivers@yahoo.com or 203-645-6779

Sentinels, 18 x 28, Pastel on Textured Board

Weekly Pastel Classes

Meriden, Connecticut

Monday Mornings 10 – noon, *Ivers Home Studio*

Paint from your own photo references with help at the easel.

All levels accepted. For complete information or to register, log on to www.christineiversartist.com.

Contact: Chris Ivers

christine_ivers@yahoo.com or 203-645-6779

MEMBER ARTISTS EVENTS

Karen Israel

Animals: 2-Day Workshop

3 hours each day

July 10th: 9:30 – 12:30

July 11th: 12:30 – 4:30

Glastonbury Art Guild

www.glastonburyarts.org/classes



Landscape: 3-Day Workshop

July 28th – July 30th

Montpelier, Vermont

Sign up with Joyce Kahn: Tallitot@gmail.com



Gigi Horr Liverant

Color Dynamics Two-Day Workshop

July 22 – 23, 10– 4

Lyme Art Association

90 N Lyme Street, Old Lyme CT

lymeartassociation.org/workshop-color-dynamics/

Jane Penfield

Weekly Online Pastel Class

Jane Penfield offers a weekly online pastel class. The class will resume in September. Register online at artscentereast.org or call 860-871-8222.

This is a 6-week online class session. Instruction includes a weekly tutorial, individual feedback and critique, and a weekly Zoom session on Tuesdays at 1:00 pm, where the class can discuss topics and share with each other. You can participate from anywhere. All levels are welcome. This class will help you develop confidence with the pastel medium, including building a strong composition, understanding values, creating light and shadow, and developing cohesive color harmony in your paintings. Various underpainting techniques will be introduced. Students may use reference photos you have taken yourself or paint from life.

www.janepenfield.com/dataviewer.asp



MEMBER ARTISTS EVENTS

Rita Kirkman

Some Paint-Along fun with Rita Kirkman! Join along on Zoom with one (or both!) of these fun topics and subjects.

June 17 “Little Pink Piglet” Who doesn’t love a pretty piglet?

Register at www.ritakirkman.com/workshop/33227/little-pink-piglet-paint-along-on-zoom

July 22 “Tiny Summer Sunsets” Explore vibrant color!

Register at www.ritakirkman.com/workshop/33711/tiny-summer-sunsets-paint-along-on-zoom

Each Paint-Along is only \$25. Register EARLY to have time to prep your drawings. Rita will send you the Zoom invitations, the reference photos, suggested materials, and even line drawings for the animals that you can use to transfer to your board or paper in case you don’t have time to freehand your drawings. No drawing skills required!

Rita will be using pastel with an acrylic-based underpainting, but you can use the medium of your choice. Plenty of instruction will focus on values and temperature which are universal to all color mediums.

The paint-alongs will start at 1pm Central Time and will last about 2 hours.

(Registration includes links to the videos which will be sent out just a few days later, so if you miss the date, no worries!)



“Layering the Light” Pastel Workshop

August 29 – 31, 2023

Rockport TX,

\$470, or \$390 for RAC members

In this intensive 3-day workshop you will learn how to create a vibrant sense of glowing light in your pastel paintings. Instruction emphasizes value and temperature as keys to unlocking the light. Learn an underpainting method using pastel primers to “nail the values!” Multiple small works are encouraged for speedy artistic growth. For adventurous beginners all the way to advanced pastelists.

Rita will demo an average of twice daily, and at least three hours each day will be devoted to individual feedback and critiques. This workshop is not subject specific. Students can work from their own photos, and Rita will bring some of her own to share. Demos will be mostly animals, with one or two landscapes thrown in.

Contact: Debbie Minns at info@rockportartcenter.com, 361-729-5519 or register here: www.rockportartcenter.com/classes-workshops-events/rkirkman.

MEMBER CELEBRATIONS



Donna Rossetti-Bailey's soft pastel "Morning Reflections" has won an Award of Excellence in the South Shore Art Center 2023 Festival Member's Show. The show will be held June 16 – 18 th on Cohasset Common, Cohasset MA. www.ssac.org

Donna will have a solo exhibit of her soft pastel paintings this summer. "Between Earth and Sky" will be on view from July – August 2023 at the Helen Bumpus Gallery, Duxbury Free Library, Duxbury, MA, www.HelenBumpusGallery.com.

Morning Reflections, 8x8, Pastel

If you would like to have your classes, workshops, and celebrations included in the newsletter please email a brief description along with an image to Leslie Stewart at lstewartcps23@gmail.com by September 20. Make sure to put CPS Member Classes in the subject line. Include classes and workshops through the end of 2023.

RENAISSANCE IN PASTEL

The Connecticut Pastel Society
30th Annual National Juried Exhibition,
Renaissance in Pastel

September 28 to October 28, 2023

OPEN FOR ENTRY

June 2, 2023

The Connecticut Pastel Society's
Annual Exhibition: *Renaissance in Pastel*,
is open for entries through Friday, July 28, 2023.

The Jurors of Selection for this exhibition will be
Wende Corporale, Desmond O'Hagan, and Corey Pitkin.

Over \$9,000 in cash and material awards will be awarded by
Jeanne Rosier Smith, IAPS/EP, PSA, CPS.

The 2023 *Renaissance in Pastel* Exhibition will take place
September 28 – October 28, 2023 at Arts Center East,
709 Hartford Turnpike, Vernon, CT 06066.
860-871-8222 or www.artscentereast.org.

To enter log onto www.ShowSubmit.com.

There will be a live demonstration by **Maryanne Mullett** on
Saturday, October 28, 2023 at 3:00 p.m.



The 2022 Renaissance in Pastel Exhibition

Best In Show

Coral Peonies On Turquoise Tablecloth
by Tatsiana Harbacheuskaya

ARTIST OPPORTUNITIES

Connecticut Pastel Society

Renaissance in Pastel

Deadline July 28th

showsubmit.com/show/cps-30th-annual-national-exhibition

Pastel Society of Southern California

5th ANNUAL "Make Your Mark!"

International Online Open Juried Exhibition

www.onlinejuriedshows.com/Default.aspx?OJSID=58565

Pastel Society of the West Coast

99 Voices in Pastel

37th Annual International Open Exhibition

showsubmit.com/show/pswc-2023-99-voices-in-pastel

Pastels Chicago 2023

Ninth Biennial National Juried Exhibition

Deadline is July 17th

showsubmit.com/show/cpp-pastels-chicago-2023

Pastel Society of Maine

Pastels Only

23rd Annual Open Juried Exhibition

Deadline July 31st

showsubmit.com/show/psme-2023-pastels-only

Central Mass Pastel Society

2023 Marks of Distinction National Exhibition

Deadline July 10th

showsubmit.com/show/cmeps-2023-marks-of-distinction-national-exhibition

Red Rock Pastel Society of Nevada

Orange

2023 International Exhibition

Deadline August 3rd

showsubmit.com/show/rrpsnv-orange-2023-international-exhibition

Philadelphia Pastel Society

2nd National Open Juried Exhibition

Deadline June 30th

showsubmit.com/show/pps-2nd-national-open-juried-exhibition

Vermont Pastel Society

2023 Juried Show

Deadline July 17th

showsubmit.com/show/vps-2023-juried-show

National Association of Women Artists

Summer Small Works

Deadline June 23rd

showsubmit.com/show/nawa-2023-summer-small-works

National Association of Women Artists Inc

NAWA at Hollis Taggart Gallery

Deadline September 5th

showsubmit.com/show/nawa-at-hollis-taggart-gallery

Dakota Art Pastels

Fourth Annual Soft Pastel Only Juried Competition

to promote and advance the creativity and possibilities of this unique painting medium. This is an annual online competition with quarterly segments. There will be CASH PRIZES awarded in each quarter to contest winners.

Emerging and Established Categories: Quarterly winners in both categories are advanced to the final Grand Prize selections at the end of the year!

Second Quarter 2023:

Deadline June 14th

Third Quarter 2023:

Opens July 10th, Deadline September 13th

www.dakotapastels.com/products/2023-Pastel-Competition?preview=true

For additional exhibition opportunities visit:

showsubmit.com/open-calls

juriedartservices.com

www.onlinejuriedshows.com

2023 BOARD MEMBERS

President, Karen Suponski (karensuponski@gmail.com)

Vice President, Steve Brunetti (sbrunetti51@gmail.com)

Treasurer, Heather Quay (heather_guay@harvard.edu)

Secretary, Karen Israel (karenisrael59@gmail.com)

Membership, Phyllis Phelps (phyllly7779@gmail.com)

The next **CPS Board meeting** will be held via Zoom meeting software on Monday, July 10, 2023 at 7:00 pm. Contact CPS if you would like to attend. All members are always welcome.

FREE PASTEL ONLINE RESOURCES

Marla Baggetta

[youtube.com/channel/UC9ad6jaguLLBrB46_coqyIg](https://www.youtube.com/channel/UC9ad6jaguLLBrB46_coqyIg)
marlabaggetta.com
paintinglessonswithmarla.com

Alain J Picard

[youtube.com/channel/UCWyF5CvAv8c0oP4M5gWBaFA](https://www.youtube.com/channel/UCWyF5CvAv8c0oP4M5gWBaFA)
picardstudio.com

Susan Kuznitsky

[youtube.com/c/SusanKuznitsky](https://www.youtube.com/c/SusanKuznitsky)
susankuznitsky.com

Susan Jenkins

www.youtube.com/channel/UCqNhhFYP5f1G4IBhdZOGZ3g
susanjenkinsfineart.com

Tony Allain Fine Art

Many videos on youtube
tonyallainfineart.com

Bethany Fields

www.youtube.com/channel/UCgBFh1UdOgSmTW_yVozJotQ
bethanyfields.com

Pastel Techniques, Tutorials, and Resources

artshow.com/resources/pastels

Emma Colbert

https://www.youtube.com/channel/UCG-cKqjqKzkysc-L_Q8b8Og
emmacolbertart.com

Liz Haywood-Sullivan

<https://www.lizhaywoodsullivan.com>

Karen Margulis

<https://www.youtube.com/channel/UCvA1fsVyX78RcZuCaFyw4g>
karenmargulis.com

Gail Sibley

<https://www.youtube.com/channel/UCcvkVvNg68NM7VdUVlF-6eg>
gailsibley.com
howtopastel.com

Aaron Schuerr

Many pastel videos on youtube
aaronshuerr.com

25 free ebooks on painting in various mediums, including pastels:

www.infobooks.org/free-painting-books-pdf

Winslow Art

Every Thursday they have a free artist's chat and many online classes.

<https://winslowartcenter.com/>

Jackson's Art

https://www.youtube.com/channel/UC_oSNIw9kNkdsLixb1_tZsw

Dakota Pastel

Several pastel videos on youtube
dakotapastels.com

Pan Pastel Colors

[youtube.com/channel/UCzdPkoGU9UZ348xw53k1WHA](https://www.youtube.com/channel/UCzdPkoGU9UZ348xw53k1WHA)

Xrissart

[youtube.com/channel/UCUGB-U1gh1CCsBa6PiQvONg](https://www.youtube.com/channel/UCUGB-U1gh1CCsBa6PiQvONg)

JVArt Resources

<https://www.youtube.com/c/JVArtresources>

Love Life Drawing

[youtube.com/channel/UCA9o111IH1VD8Kxz0YLn8_A](https://www.youtube.com/channel/UCA9o111IH1VD8Kxz0YLn8_A)

Unmask Art

[youtube.com/channel/UCc200efazooi-bz2TQ1_Nuw](https://www.youtube.com/channel/UCc200efazooi-bz2TQ1_Nuw)

Pastel Today Newsletter

pasteltoday.com/

Monet Café

www.susanjenkinsfineart.com/
www.youtube.com/monetcafe'withartistsusanjenkins

Please let us know of any other FREE pastel or art online resources and we will add them to the list!

